



## *Acces4All: Transforming Education through Digital Inclusion*


*2024-1-FR01-KA220-SCH-000257061*

# RESPECT



Respect

THE WORD **“RESPECT”** MEANS SHOWING **CONSIDERATION, ADMIRATION, AND REGARD** FOR SOMEONE OR SOMETHING. IT INVOLVES RECOGNIZING OTHERS’ WORTH, FEELINGS, AND RIGHTS.



“Respect” can mean a few different things depending on the context, but at its core, it’s about **valuing someone or something** — recognizing their worth, feelings, rights, or achievements.

Here are a few ways it’s used:

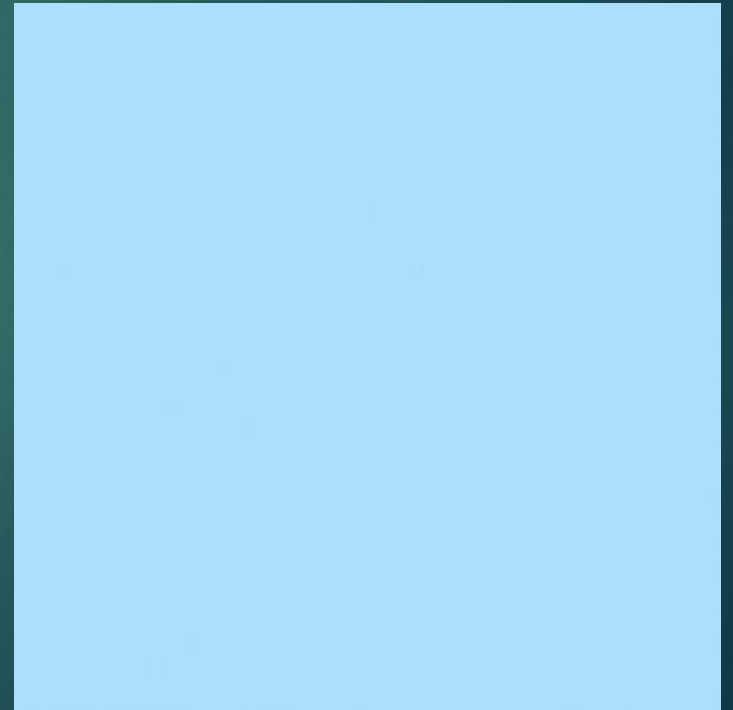
- **As a behavior:** Treating others kindly, listening, and not dismissing their opinions.
- **As a feeling:** Admiring someone for their qualities or accomplishments (e.g., “I respect her honesty”).
- **As a principle:** Holding certain ideas or rules in high regard (e.g., “Respect for the law”).

# Respect:



- ▶ It creates trust and cooperation
- ▶ It shows good character and responsibility
- ▶ Respect is one of the most important human values, understanding that every person deserves to be treated with dignity
- ▶ It means recognizing the worth of others , listening to their opinions , accepting their differences , and treating them with kindness and politeness.

- ▶ Respect is shown through small daily actions , such as listening carefully , not mocking or hurting others , helping without expecting something in return , and showing empathy toward people's struggles . Through respect , we can build a world that is more peaceful , fair , and humane , where differences do not divide us but make us stronger . It is value that must be taught , practiced and expressed every day- not only through words, but through our actions .



# Respect between cultures :

- ▶ When we respect others countries , we value their history , beliefs and differences . For example, when we travel abroad , we should follow the local customs and show good manners . Respect between cultures also helps prevent racism , how to live peacefully and how to work together to solve global problems . In international programs such as Erasmus , respect between cultures is especially important because it helps students from different countries make friends and share ideas . When countries and people respect each other, the world becomes more united , fair , and full of understanding



# Self-respect:

- ▶ Self – respect means valuing yourself and believing that you deserve to be treated the right way. It is about knowing your worth and not letting others make you feel small or unimportant . When you have self- respect, you take care of your body , your mind and your emotions . You make good choices that are right for you , even if other people try to influence you in a bad way . Having self-respect also means being honest with yourself accepting your mistakes , and learning from them instead of feeling ashamed . It's not about being proud or thinking you are better than others it's about understanding that you are unique and deserve the same respect you give to other people.



**WORK PASSED**  
**RESPECT +**